WHAT YOU NEED TO KNOW...

- Teams can include up to 10 associates, including the team captain.
- Teams must select a specific step challenge and cannot change after they’ve registered:
  - **Heavy Steppers**: average more than 18k steps a day
  - **Big Steppers**: average 8k-18k steps a day
  - **Busy Steppers**: average up to 8k steps a day
- Between **February 4-17**, all team members must share their daily step counts via their Team Captains who will submit step counts online.

WHEN?

The Walk 2 Global Wellbeing challenge will run from **February 4 - 17**.

WINNERS!

Individuals and teams who step the furthest in each category will receive prizes!

Ensure COVID-19 regulations are adhered to at all times.