

WALK 2 GLOBAL WELLBEING

February
4-17

WHAT YOU NEED TO KNOW...

- Teams can include up to 10 associates, including the team captain
- Teams must select a specific step challenge and cannot change after they've registered:
 - **Heavy Steppers:** average more than 18k steps a day
 - **Big Steppers:** average 8k-18k steps a day
 - **Busy Steppers:** average up to 8k steps a day
- Between **February 4-17**, all team members must share their daily step counts via their Team Captains who will submit step counts online

WHEN?

The Walk 2 Global Wellbeing challenge will run from February 4 - 17.

World
Cancer Day
4 February

WINNERS!

Individuals and teams who step the furthest in each category will receive prizes!



Ensure COVID-19 regulations are adhered to at all times.

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